

## Saturday Group 1

	Squat
Flight 1	Female -44 till -55,5 KG
Flight 2	Female -63 -80 - 90 +90 KG

	Bench
Flight 1	Female -44 till -55,5 KG
Flight 2	Female -63 -80 - 90 +90 KG

	Deadlift
Flight 1	Female -44 till -55,5 KG
Flight 2	Female -63 -80 - 90 +90 KG
	end

## Saturday Group 2

	Squat
Flight 6	Male 56 + 67,5 kg
Flight 7	Male 82,5 kg

	Bench
Flight 6	Male 56 + 67,5 kg
Flight 7	Male 82,5 kg

	Deadlift
Flight 6	Male 56 + 67,5 kg
Flight 7	Male 82,5 kg
	end

## Platform A

time
9:00
9:45

10:20
11:05

11:40
12:25
13:00

## Platform A

time
14:00
14:45

15:30
16:15

17:00
17:45
18:30

## Saturday Group 1

	Squat
Flight 3	Female -58,5 -63 KG
Flight 4	Female -70 KG T + JR + SR
Flight 5	Female -70 KG all masters

	Bench
Flight 3	Female -58,5 -63 KG
Flight 4	Female -70 KG T + JR + SR
Flight 5	Female -70 KG all masters

	Deadlift
Flight 3	Female -58,5 -63 KG
Flight 4	Female -70 KG T + JR + SR
Flight 5	Female -70 KG all masters
	end

## Saturday Group 2

	Squat
Flight 8	Male 75 kg JR + M5 + M6
Flight 9	Male 75 kg SR + M2 + M3
Flight 10	EQUIPPED: ALL ATHLETES

	Bench
Flight 8	Male 75 kg JR + M5 + M6
Flight 9	Male 75 kg SR + M2 + M3
Flight 10	EQUIPPED: ALL ATHLETES

	Deadlift
Flight 8	Male 75 kg JR + M5 + M6
Flight 9	Male 75 kg SR + M2 + M3
Flight 10	EQUIPPED: ALL ATHLETES
	end

## Platform B

time
9:00
9:30
9:55

10:30
11:00
11:25

12:05
12:35
13:00
13:30

## Platform B

time
14:00
14:35
15:10

15:40
16:15
16:50

17:20
17:55
18:30
19:00

## Sunday Group 1

## Platform A

	Squat	time
Flight 1	Male 90 kg	10:00
Flight 2	Male 110 kg	10:45
Flight 5	EQUIPPED: All athletes	11:20

	Bench	
Flight 1	Male 90 kg	11:55
Flight 2	Male 110 kg	12:40
Flight 5	EQUIPPED: All athletes	13:15

	Deadlift	
Flight 1	Male 90 kg	13:50
Flight 2	Male 110 kg	14:35
Flight 5	EQUIPPED: All athletes	15:10
	end	15:45

## Sunday Group 1

## Platform B

	Squat	time
Flight 3	Male 100 kg	10:00
Flight 4	Male 125 + 145 + 145+kg	10:45

	Bench	
Flight 3	Male 100 kg	11:20
Flight 4	Male 125 + 145 + 145+kg	12:15

	Deadlift	
Flight 3	Male 100 kg	13:00
Flight 4	Male 125 + 145 + 145+kg	13:45
	end	14:20