

Schedule

Friday 6 June

One Weighing 11:00 - 12:30 All athletes

Start competition Unequipped 13:00 9 flights No breaks between the flights

Equipped 16:30 3 flights No breaks between the flights

End of competition 18:00

TROPHY PRESENTATIONS

Squat Unequipped

14:00 All women

14:30 All men up to 75 kg

15:15 82,5 kg + 90 kg

15:45 100 kg and up to 145 kg

Squat Equipped

18:00 All athletes

Schedule

Saturday 7 June

1st Weighing	7:00	-	8:30	All Women athletes + Men up to 75 kg
2nd Weighing	9:00	-	10:30	All athletes 82,5 kg and up
Start competition	Unequipped	9:00	18 flights	No breaks between the flights
	Equipped	16:00	5 flights	No breaks between the flights
End of competition		18:00		

TROPHY PRESENTATIONS

Bench Unequipped

11:00	All women
12:00	All men up to 67,5 kg
12:30	75 kg
13:00	82,5 kg
14:00	90 kg
14:15	100 kg
14:30	110kg
15:00	125 kg and up

Bench Equipped

17:00	All women + Men up to 75 kg
17:45	82,5 kg+ 90 kg
18:00	100 kg + 110 kg
18:30	125 kg + 145 kg

Sunday 8 June

1st Weighing	7:00	-	8:30	All Women athletes + Men up to 75 kg
2nd Weighing	9:00	-	10:30	All athletes 82,5 kg and up
Start competition	Unequipped	9:00	15 flights	No breaks between the flights
	Equipped	15:00	5 flights	No breaks between the flights
End of competition		16:30		

TROPHY PRESENTATIONS

Deadlift Unequipped

- 10:00 Women from 50,5 kg - till 58,5 kg
- 10:45 Women from 63 kg - till 90+ kg
- 11:30 Men from 52 kg - till 67,5 kg
- 12:15 Men 75 kg
- 13:00 Men 82,5 kg
- 13:45 Men 100kg / 110kg
- 14:10 Men 125kg / 145kg

Deadlift Equipped

- 16:00 All women + Men up to 82,5 kg
- 17:00 Men 90 kg till 145+
Best nations
- End 18:00