



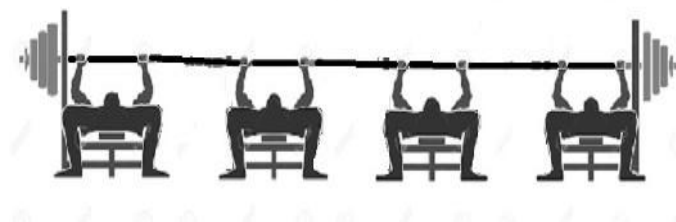
14 Mei / May 2016

OPEN

Belgium Championship / championnat Belgique

SQUAT and POWERLIFTING
Unequipped/sans equipment

Team bench



Zaal/ Venue : t Fort van Merksem : Fortsesteenweg 2170 Merksem

Weging/Weigh-in 10.00h - 11.30h

Wedstrijd/competition 12.00h

Entry deadline 1st May 2016

**Entry fee FOR ALL EVENTS only 30 € no additional entry fee for 2,3,....
event**

All WDFPF affiliated athletes are welcome. Permission from national federation required .

No minimum qualification , International records will be recognized,

3 international refs from 3 different nations will attend the competition

Hotel : Harbour Hotel (previous Dock's hotel) completely renovated.

Special rate : POWERLIFTING (holiday weekend) fast reservation recommended.

International competitors can participate in

Powerlifting Unequipped or Equipped

Or all Single events

(Squat un + eq) + (Bench un + eq) + (Dead un + eq)

This event counts as qualification for World championships.