



The **World Drug-Free Powerlifting Federation** presents  
The **2019 SINGLE EVENT WORLD CHAMPIONSHIPS & Congress**  
Including BOTH the **UNEQUIPPED & EQUIPPED Divisions** for **men & women**  
**All CATEGORIES & WEIGHT CLASSES included**

**DATE:** June 7 (UNEQUIPPED Division), June 8 (EQUIPPED Division), June 9 CONGRESS June 6 (see page 3)

**MEET DIRECTORS:** MICHAEL E. STAGG      BILL SIAS  
812-431-9113                                      231-744-0070  
[stagg@twc.com](mailto:stagg@twc.com)                                      [billstias@gmail.com](mailto:billstias@gmail.com)

**VENUE:** **JFK Community Center;** 515 S. Alvasia St, Henderson, KY, 42420.

**MEET HOTEL:**

The TROPICANA HOTEL & CASINO; 421 NW Riverside Dr; Evansville, Indiana 47708. Website link:  
[www.tropevansville.com](http://www.tropevansville.com)

Rooms are reserved under group code GWDFPF. The room rates are \$149USD per night. Reservations may be made through the website or reservation desk 1-800-544-0120. Reservations must be completed by May 9, 2019 to reserve the special rate.

The meet directors are arranging for shuttle service to and from the meet hotel and venue each day at a cost of \$10 USD round trip per day for each passenger. We recommend purchasing your shuttle ticket in advance with you meet entry submission.

**ADDITIONAL HOTEL ACCOMMODATIONS:**

Located near many shopping and restaurant venues. There will be no shuttle arranged from this location.

Comfort Inn - rate of \$85 (use code WDFPF)  
8331 E Walnut  
Evansville, IN 47715  
(812) 476-3600

**ENTRY ELIGIBILITY:**

Open to ALL W.D.F.P.F. affiliate members IN GOOD STANDING who are registered for 2019, whose athletes have reached or surpassed the WDFPF QUALIFICATION TOTALS.

**ENTRY OPTIONS:**

**DIVISIONS:** Athletes may enter either/both of the FOLLOWING 2 DIVISIONS:

**UNEQUIPPED:** Squat (June 7), Bench Press (June 8), Deadlift (June 9)

**EQUIPPED:** Squat (June 7), Bench Press (June 8), Deadlift (June 9)

**CATEGORIES:** The lifter's CATEGORY is determined by their **AGE** on the DAY of their COMPETITION  
(all lifters are automatically entered into the OPEN division as well as in their own age category )

**OPEN** (14 & older)

**TEEN 2** (16-17)

**JUNIOR** (20-23)

**TEEN 1** (14-15)

**TEEN 3** (18-19)

**MASTERS'** (M-1=40-44; M-2=45-49; M-3=50-54, etc. in 5-year increments).

**ENTRY FEES:**

**\$100.00 U.S. per Division (UNEQUIPPED or EQUIPPED) including the OPEN CATEGORY.  
\$40USD per ADDITIONAL DIVISION (see Category options listed above).**

**ENTRY DEADLINE:**

USA ENTRIES ACCOMPANIED WITH fees (CHECKS & MONEY ORDERS payable to the meet director, Mike Stagg), **ENTRÉE DEADLINE MAY 2019**. Late entries may be accepted at the discretion of the WDFPF and the Meet directors.

**Individual** Entries will **NOT** be accepted. Non-USA nations with different currency can pay on the day of arrival or can arrange to pay via paypal, square or other electronic means. Please contact meet director.  
Nations are responsible for their entered athletes and need to collect the money from their athletes.

**AWARDS:**

TBD

**WEIGHT CLASSES (in kilos):**

All lifters must bring PROOF OF AGE (via passport, driver's license or Birth Certificate) to the Weigh-In. WDFPF Rules specify that athletes may be weighed-in either nude or in underwear. Under garments to be worn in the competition MUST be shown at the weigh in.

To change KILOS into POUNDS, MULTIPLY KILOS by 2.2046. To change POUNDS into KILOS, DIVIDE POUNDS by 2.2046.

**WOMEN'S WEIGHT CLASSES:** 44; 47.5; 50.5; 53.0; 55.5; 58.5; 63.0; 70.0; 80.0; 90.0; & +90.0. (11 OPTIONS)

**MEN'S WEIGHT CLASSES:** 52.0; 56.0; 60.0; 67.5; 75.0; 82.5; 90.0; 100.0; 110.0; 125.0; 145.0; +145.0 (12 OPTIONS)

**DRUG TESTING:**

Athletes must be prepared for FULL I.O.C. DRUG TESTING by a WADA Lab following all WDFPF RULES, REGULATIONS & PROCEDURES. A minimum of 10% of participants will be tested. NAMES of lifters tested and results (POSITIVE or NOT) WILL BE PUBLISHED.

**W.D.F.P.F. RECORDS:**

WORLD, AMERICAN & EUROPEAN Records may be set in BOTH DIVISIONS of all weight classes & in each CATEGORY by qualified lifters who meet the Category requirements. Athletes & coaches are encouraged to check the current W.D.F.P.F. Records (available on the website: [www.adfpf.net](http://www.adfpf.net) in preparation for this event.

**CHAMPIONSHIP T-SHIRTS:**

Meet shirts may be pre-ordered for \$20.00.

**SPECTATOR FEES:** \$5.00 for adults and children over the age of 12; \$10.00 for a 3 day pass. Each National Team entered will receive 2 Coach Passes to use for entry as well as hospitality areas.

**CAMERA & VIDEO USE:** Camera & video equipment will be allowed; please do not block spectator viewing.

**TRAVEL INFORMATION:**

**AIRPORTS:** Competitors should fly directly into Evansville, IN (code EVV). Evansville connects to the following cities via Delta Airlines: Atlanta and Detroit. Evansville connects to the following cities via American Airlines: Chicago, Dallas and Charlotte. Evansville connects to the following cities via United airlines: Chicago. Allegiant Airlines also offers a direct flight from Evansville to locations in Florida. For more information visit the Airport website [www.flyevv.com](http://www.flyevv.com)

Driving time estimates for competitors who choose to drive from other airports: Chicago (5-1/2 hours), Indianapolis (3-1/2 hours), Louisville (2 hours), Cincinnati (4 hours), St Louis (3 hours), Nashville (2-1/2 hours).

## **SCHEDULE DATES & TIMES:**

**The specific start times will be announced after entries are completed.**

### **Friday, June 7 (Squat Competition):**

TBD

### **Saturday, June 8 (Bench Press Competition):**

(Depending on the number of entries, this may be a 2-PLATFORM competition.)

7:00 a.m. to 8:30 a.m.: Weigh-in & Optional Equipment Check. Lifters must bring PROOF of AGE to the Weigh-In. All athletes competing MUST be present in the Weigh-In area NO LATER than 8:00 a.m.

10 a.m.: Start of Competition

### **Sunday, June 9 (Deadlift Competition):**

(Depending on the number of entries, this may be a 2-PLATFORM competition.)

7:00 a.m. to 8:30 a.m.: Weigh-in & Optional Equipment Check. Lifters must bring PROOF of AGE to the Weigh-In. All athletes competing MUST be present in the Weigh-In area NO LATER than 8:00 a.m.

10 a.m.: Start of Competition

## **EVANSVILLE SIGHT SEEING OPTIONS:**

Children's Museum (near Tropicana): <https://cmoekids.org/>

LST Memorial (near Tropicana) <http://www.lstmemorial.org/>

Evansville Museum (near Tropicana) <https://evansvillemuseum.org/>

Mickey's Kingdom (playground near Tropicana): <https://mickeyskingdomdowntownevansville.com/>

Additionally, downtown Evansville has multiple evening entertainment options

**Feel free to email Mike Stagg ([stagg@twc.com](mailto:stagg@twc.com)) for any questions.**